

**I use both sides of the paper. Yes  No**

**I use cloth towels instead of paper towels. Yes  No**

**I recycle newspapers, magazines, comic books,  
catalogs, cardboard, and junk mail. Yes  No**

**I reuse plastic bags. Yes  No**

**I return empty soda bottles to the store. Yes  No**

**I recycle plastics. Yes  No**

**I recycle glass bottles and jars. Yes  No**

**I keep glass bottles and jars to put other things. Yes  No**

**I try to take a shower instead of a bath  
(baths use three times as much water). Yes  No**

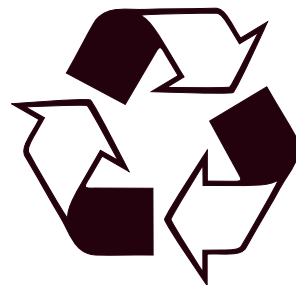
**(For those of you who that take long showers –  
try to cut the time down.)**

**I turn off the light when I leave the room. Yes  No**

**I turn the water off when I brush my teeth Yes  No  
(this saves about 3650 gallons of water every year).**

**I don't leave the refrigerator door open --**

**I decide what I want, before I open the door. Yes  No**



**If you answered, "yes" to all these questions, good for you.**

**Keep up the good work.**

**If you answered "no" to any of them, try to start doing them today.**

**The planet will thank you for it.**